

Sophie's

LEGACY

In memory of a remarkable young girl
who touched so many lives

Sophie's wish was for the following to be
implemented and this will be her legacy



PARENTS TO BE FED

WHILST IN HOSPITAL WITH THEIR CHILD ♥

IT'S AN ESSENTIAL NEED

IMPROVEMENTS TO

CHILDRENS HOSPITAL FOOD ♥

FOR HEALTH & EMOTIONAL WELL BEING

PLAY SPECIALISTS

IN HOSPITALS 7 DAYS A WEEK ♥

ALL AROUND THE UK

AN INCREASE IN

CHILDHOOD CANCER FUNDING ♥

CURRENTLY ONLY 3%

HEALTH PROFESSIONALS TRAINING

ON CHILDHOOD CANCER ♥

TO HELP IDENTIFY CHILDHOOD CANCER EARLY

The main ethos of the charity is to support families
admitted to hospital with their child.

The support varies depending on
each situation.

TAKE A LOOK AT



We tend to offer the following on a referral basis:

- | | |
|---|---|
| ★ Help with transport costs
(fuel vouchers, bus/train passes or taxi's) | ★ End of life wishes for children and their families |
| ★ Clothes when admitted in an emergency with their child | ★ Vouchers for meals at the hospital restaurant |
| ★ Birthday parties in hospital for parents and children | ★ Beauty treatments
(nails/haircut/massage/reflexology for parents who need it during long stays) |
| ★ Emotional Support | ★ Costa vouchers |

We provide to every families in hospital the following:

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|--|--|
| • Snacks and toiletry box in every Parent Room | • Art practitioner at Portsmouth hospital and the community |
| • Pizza on Saturday night | • Parent Packs which contain essential toiletry items, phone chargers. note pad, pen, snacks etc |
| • Frozen meals from Cook | |

We also provide the following to hospitals:

- | | |
|---|--|
| • We fund washing powder for NICU in Portsmouth | • We provide gifts on Mother's and Father's Day |
| • We provide toys and activities for children in hospital when needed | • We provide activities over Easter, Halloween and Christmas |
| • We have funded new bedding, highchairs, pushchairs, microwaves freezers, cutlery, crockery etc for the parent rooms / wards | • We provide Christmas dinner to all staff and parents in the children's wards |

Contact us



If you would like any further info or are able to support us please contact:

info@sophieslegacy.org.uk



CREATING CHANGE
CHARITY REGISTRATION NUMBER 1198979

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